

## **Hair Regrowth Treatments**

Are you Suffering from Hair Loss? CLT Natural Aesthetics can help!

Hair regrowth treatments can be a game-changer for those dealing with hair loss or thinning hair. CLT Natural Aesthetics offers a non-obligation personalised treatment plan tailored to address various causes of hair loss and promote thicker, fuller hair growth, provides effective therapies for alopecia, pattern baldness, and other forms of hair thinning.

What treatments:

- 1 Polynucleotide: Plinist Hair
2. Platelet Rich Plasma (PRP)
3. Mesotherapy for Hair Growth
4. LED - although this is part of the package with polynucleotides
4. Hair Care Products
5. Biotine Injections

### **1. Treatment with PLINEST Hair polynucleotides**

Plenist hair polynucleotides addresses dry and itchy scalps or those with thinning or brittle hair.

#### **What is PLINEST HAIR?**

Plinest is an injectable product that can improve scalp condition and hair quality. It contains HPT, clinically proven to regenerate hair follicles.

How does it work?

Polynucleotides are highly-purified DNA molecules extracted from fish. When injected into skin, they reach fibroblast cells and stimulate birth and regrowth of new hair follicles whilst improving scalp condition and hair growth and quality. Also can be used on eyebrows. After each Plinest hair treatment light therapy is also used as activates activity and new collagen production, while polynucleotides help promote cell growth and tissue repair. These two procedures work well together to enhance regeneration results. Additionally, this combined approach has a favorable safety profile with minimal side effects, which further supports its potential for use with hair regrowth treatments.

#### **How many Plinest hair Treatments are needed?**

Four Plinest hair treatments spaced one to two weeks apart, then recommended one treatment every three weeks for another four sessions.

#### **Can Plinest hair be used along other treatments?**

Plinest hair is ideal treatment along side hair transplants. Helps boost hair quality, so new growth feels and looks so much better than before.

**LED - is used as additional benefit with polynucleotides.**

### **2. Platelet Rich Plasma (PRP) for Hair Growth.**

PRP is a well-established treatment which uses the power of your own body to stimulate collagen

production, helps cells regenerate and boost the skin's natural repairing process. It has been used for several years to stimulate hair growth. PRP is made from your own blood. This means there are no chemicals, toxins or foreign bodies involved in the treatment with no risk of 'rejection'.

### **How many PRP Treatments are needed?**

Four PRP treatments spaced one to two weeks apart, then recommended one treatment every month for the next six months, then review with one every three months depending.

### **When to start PRP?**

Sooner you start the better as PRP works on active follicles so it is preventative treatment, so slowing hair loss and thinness.

### **PRP in Hair Transplantation:**

PRP promotes the healing and hair growth after transplant.

Preserves and enhances hair follicle viability during and after hair transplant.

PRP promotes and enhances tissue and healing repair after hair transplantation and reinvigorates dormant hair follicles and stimulates new hair growth.

### **LED - is used as additional benefit with PRP**

### **3. Mesotherapy for Hair Growth.**

Mesotherapy is a non-surgical treatment that can help reverse hair loss and preserve existing hair follicles. It is a treatment that has been around for decades and suitable for both men and women who suffer with hair thinning, alopecia or male pattern baldness.

### **How many treatments to begin with?**

Six treatments are normally required over a six month period before results are visible, however, this varies from individual. Sometimes a course of ten sessions is recommended. Starting with an intense course of one treatment one to two weeks followed by one treatment per month for four months. This takes between 5-8 months and then maintenance treatments every 3 to 4 months.

Mesotherapy can be a stand alone treatment or combined with polynucleotides, PRP and LED.

### **LED - is used as additional benefit with Mesotherapy Treatments**

### **4. Specially Formulated Hair Care Home Products.**

CLT Natural Aesthetics recommend a range of products that have been specially formulated for hair loss that are designed to be provided by hair loss professionals and not glossy magazines.

### **5. Biotine Injections**

Biotine is a B-complex vitamin, also known as B7 or Vitamin H. It is necessary for cell growth and is known for increasing hair growth, hair structure and thickness, as well as decreasing hair loss.

Prevention of grey hair, biotin protects the natural pigmentation preventing premature greying.

Ideal when combining Polynucleotide, PRP and LED treatments.

As peri menopause and menopause some may note their hair loss.

### **How many injections?**

**1 ampoule of 1ml: Biotin 5mg**

Usual dosage of this medication is 1 ampoule, once a week, for 12 weeks as intramuscula injections.

A three month course is recommended for best results.